

Sacramento County Office of Education Job Description

Classification Title: School-Based Mental Health and Wellness Clinician

DEFINITION

Under general direction, provides coordination and oversight of school-based mental health and wellness services as a member of a school team within Sacramento County's continuum of care; provides direct mental health and wellness services and case management to students and families; assists in the development and delivery of school-wide mental health and wellness interventions, programs, and trainings; provides clinical supervision, consultation, and technical assistance to assigned interns/associates and student interns/trainees to ensure the delivery of a clinically sound comprehensive program; performs other related duties as assigned.

DIRECTLY RESPONSIBLE TO

Appropriate administrator

SUPERVISION OVER

Professional, clerical, and technical personnel as assigned.

DUTIES AND RESPONSIBILITIES

(Any one position may not include all of the listed duties, nor do all of the listed examples include all tasks that may be found in positions within this classification.)

School-Based Mental Health and Wellness Services

Provides mental health and wellness services and programs that foster pro-social skills and appropriate behavior; identifies the mental health and behavioral needs of students; develops and implements treatment plans; conducts clinical interviews, assessments, observations, and writes clinical reports; provides individual, group, and family therapy services; reviews referrals of students who need intensive mental health services; makes recommendations for behavioral health therapy services; provides support in the development of behavior support plans; maintains and facilitates communication with and between families, mental health staff, and providers; supervises family interventions facilitated by other agencies; implements a system of universal screening in coordination with the school-wide system of social-emotional supports for early identification of students at risk; conducts crisis and/or risk assessment and response; provides other specialty mental health and wellness services including rehabilitation and case management; maintains documentation regarding students served and services provided; provides training to students, parents, and staff in behavioral and social-emotional related preventions, interventions, and curricula; collaborates with school team and attends various school-site meetings; prepares formal statistical reports, case histories, assessments, and intervention records.

Program Support

Serves as a member of the school team and integrates within the school-wide culture and system; provides behavioral health support within a multi-tiered intervention framework and engages in prevention and intervention activities; provides mental health and wellness related support services to district staff and educational teams, including case consultation and advice concerning student status, diagnosis, and treatment; directs and provides oversight and clinical supervision of behavioral health services provided by pre-licensed social workers, including MSW interns; serves as a technical resource to school site staff regarding mental health services; assesses the need and delivers training to members of the educational team, parents, guardians, caregivers, and community agencies, as appropriate; serves as a liaison between the County Office of Education, County Office of Health Services, district, school, and community organizations; develops and maintains collaborative and effective working relationships with students, families, district, and County Office staff, and community partners; attends and participates in a variety of

assigned meetings, committees, conferences, in-services, and special events; collects data and prepares a variety of reports, including data entry and retrieval related to grant deliverables and evaluation.

MINIMUM QUALIFICATIONS

Education, Training, and Experience

Possession of valid California Board of Behavioral Sciences Licensed Clinical Social Worker (LCSW), Licensed Marriage and Family Therapist (LMFT), or Clinical Psychologist certification; experience working with students in need of mental health services in a school setting; experience working with students who require special education services; experience developing and delivering professional development; preference will be given to candidates licensed in California, or another state, at least two out of the last five years with experience providing psychotherapy, or supervising psychotherapists, during that time.

Knowledge of

Behavioral change theories and practices including early intervention positive behavior supports; tiered intervention practices; brief counseling techniques and crisis intervention; behavioral and education-based mental health needs of students including mental health disorders and substance use disorders; special education programs and the IEP process; mental health and wellness related community and state resources; health regulations and ethics related to school-based mental health services including Health Insurance Portability and Accountability Act (HIPAA) and Family Educational Rights and Privacy Act (FERPA); effective staff development methods; documentation and billing requirements for behavioral health services; proper English usage, grammar, spelling, punctuation, and vocabulary in all forms of communication; related local, state, and federal laws, codes, regulations, requirements, and County Office policies and procedures.

Skill and Ability to

Establish and maintain effective working relationships with individuals and groups from varied educational and cultural backgrounds; conduct effective meetings and conferences; collaborate with other system of care partners; demonstrate effective liaison relationships with parents, schools, and agencies; coordinate activities from many sources for the benefit of an individual student; organize work and provide effective services within a limited timeframe; conduct assessments, crisis intervention, and counseling; interpret test data; develop, coordinate, and deliver relevant training to students, parents, and staff; interpret, apply, and explain rules, regulations, policies, and procedures; communicate effectively and impart concepts and information accurately both orally and in writing; analyze and evaluate situations accurately and adopt an effective course of action; maintain confidentiality and discretion; work independently with little direction.

Other Characteristics

Possession of a valid California driver's license and/or be able to provide own transportation in conduct of work assignments; willingness to travel as needed.

Approved by Personnel Commission 4/14/20