

Sacramento County Office of Education Job Description
Classification Title: Associate School-Based Mental Health and Wellness Clinician

DEFINITION

Under general direction of a licensed clinician, provides associate-level clinical services as a member of the school-based mental health and wellness team within Sacramento County's continuum of care; provides direct mental health and wellness services and case management to students and families; assists in the development and delivery of school-wide mental health and wellness interventions, programs, and trainings; works as part of a care team at a school site and provides support and/or supervision to graduate clinical interns, peer specialists, and peer mentors; performs other related duties as assigned.

DIRECTLY RESPONSIBLE TO

Appropriate Administrator

SUPERVISION OVER

Professional, clerical, and technical personnel as assigned.

DUTIES AND RESPONSIBILITIES

(Any one position may not include all of the listed duties, nor do all of the listed examples include all tasks that may be found in positions within this classification.)

School-Based Mental Health and Wellness Services

In consultation with licensed clinician, provides mental health and wellness services and programs that foster pro-social skills and appropriate behavior; identifies the mental health and behavioral needs of students; develops and implements treatment plans; conducts clinical interviews, assessments, observations, and writes clinical reports under approval and with signature from licensed clinician; provides individual, group, and family therapy services; reviews referrals of students who need mental health services; makes recommendations for behavioral health therapy services; provides support in the development of behavior support plans; maintains and facilitates communication with and between families, mental health staff, and providers; implements a system of universal screening in coordination with the school-wide system of social-emotional supports for early identification of students at risk; conducts crisis and/or risk assessment and response; provides other mental health and wellness services including rehabilitation and case management; maintains documentation regarding students served and services provided; provides training to students, parents, and staff in behavioral and social-emotional related preventions, interventions, curricula, and trainings to reduce the stigma of mental health services; collaborates with school team and attends various school-site meetings; prepares formal statistical reports, case histories, assessments, and intervention records; fosters an environment of inclusion and respect that welcomes, supports, and values the individuality of all clients and partners; implements supports and strategies to advocate on behalf of communities served; demonstrates cultural humility when interacting with families, caregivers, and students; assists and engages clients to overcome barriers to accessing services; maintains confidentiality of information related to students, families, caregivers, and providers.

Program Support

Serves as a member of the school team and integrates within the school-wide culture and system; provides behavioral health support within a multi-tiered intervention framework and engages in prevention and intervention activities; provides mental health and wellness related support services to district staff and educational teams, including case consultation and advice concerning student status, diagnosis, and treatment; serves as a technical resource to school site staff regarding mental health services; assesses

the need and delivers training to members of the educational team, parents, guardians, caregivers, and community agencies, as appropriate; serves as a liaison between the County Office of Education, County Office of Health Services, district, school, and community organizations; develops and maintains collaborative and effective working relationships with students, families, district, and County Office staff, and community partners; attends and participates in a variety of assigned meetings, committees, conferences, in-services, and special events; collects data and prepares a variety of reports, including data entry and retrieval related to grant deliverables and evaluation.

MINIMUM QUALIFICATIONS

Education, Training, and Experience

Possession of valid California Board of Behavioral Sciences Associate Clinical Social Worker (ACSW) license, Associate Marriage and Family Therapist (AMFT) license or higher; experience working with school-aged children in need of mental health services; experience providing services in a school setting preferred; experience working with students who require special education services is desired.

Knowledge of

Behavioral change theories and practices including early intervention positive behavior supports; tiered intervention practices; brief counseling techniques and crisis intervention; behavioral and education-based mental health needs of students including mental health disorders and substance use disorders; basic knowledge of special education programs and the IEP process; mental health and wellness related community and state resources; health regulations and ethics related to school-based mental health services including Health Insurance Portability and Accountability Act (HIPAA) and Family Educational Rights and Privacy Act (FERPA); documentation and billing requirements for behavioral health services; proper English usage, grammar, spelling, punctuation, and vocabulary in all forms of communication; related local, state, and federal laws, codes, regulations, requirements, and County Office policies and procedures; standard software application including videoconferencing platforms.

Skill and Ability to

Establish and maintain effective working relationships with individuals and groups from varied educational and cultural backgrounds; conduct effective meetings and conferences; collaborate with other system of care partners; demonstrate effective liaison relationships with parents, schools, and agencies; coordinate activities from many sources for the benefit of an individual student; organize work and provide effective services within a limited timeframe; conduct assessments, crisis intervention, and counseling; interpret test data; deliver relevant training to students, parents, and staff; interpret, apply, and explain rules, regulations, policies, and procedures; communicate effectively and impart concepts and information accurately both orally and in writing; analyze and evaluate situations accurately and adopt an effective course of action; maintain confidentiality and discretion; work independently with little direction.

Other Characteristics

Possession of a valid California driver's license and/or be able to provide own transportation in conduct of work assignments; willingness to travel as needed.